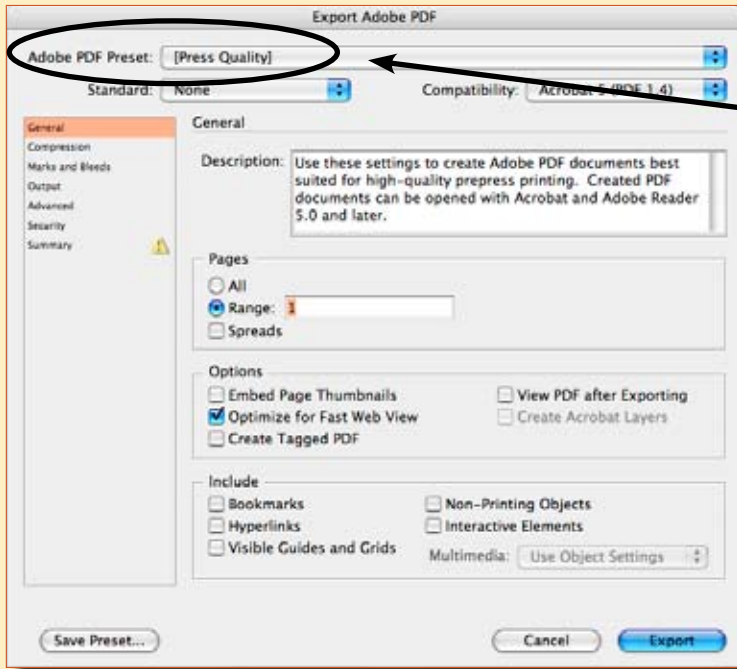


# How to submit InDesign Files...

When submitting your InDesign document, please use the following steps...

**Export:**

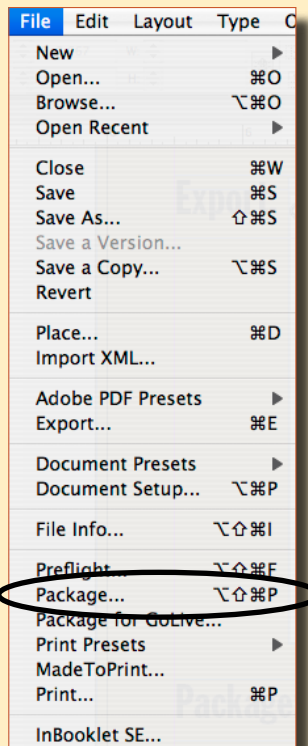


Choose “Press Quality” as the Adobe PDF Preset

When submitting a PDF, we will NOT be able to make changes to the copy.

**OR**

**Package:**



When you submit a “Packaged” InDesign document we WILL be able to make changes to your ad.

**OUR DIGITAL magEzine FORMAT ALLOWS YOUR AD TO BE SEARCHABLE TO READERS.**

If you would like you to take advantage of this great additional free opportunity please submit a list of keywords that are relevant to your company and products. This file can be submitted in a Microsoft Word document or simply included in the email with your ad copy.